FORM OF OPTION

1.	I,	hereby opt the medical facilities
under CGHS or other similar Health Scheme namely		
OR		
2.	I,	hereby opt to claim fixed medical
allowance of Rs. 100/- p.m. as I am residing in area where no CGHS medical facilities		
are available.		
		Existing address:-
		Signature
		Name :
		Rank:
		Designation :
		Office to which employed :
Datad	l:	
	n:	

- To be scored out if not applicable This is one time option. (i)
- (ii)

COUNTERSIGNED